

A Weekend Just For Me

Women's Retreat Weekend

Sponsored by the GEETF Status of Women Committee

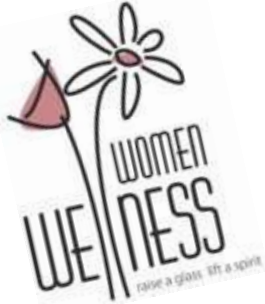
Friday, April 28, 2016

to

Sunday, May 1, 2016

Oakwood Resort

Grand Bend, Ontario



Check out your 4 star accommodations:

<http://www.oakwoodinnresort.com/index.html>

This relaxing weekend will include meals, lodging, lifestyle coaching and arts and recreation activities.

The subsidized cost is \$150 per person based on double occupancy.



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April 29, 30 & May 1, 2016

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What will your weekend look like?

Friday, April 29th

- ***Arrival***
- ***Dinner at 7:30 pm***
- ***Free time. Hang out with friends, head to the pool, check out the band at Dave's Clubhouse.***

Saturday April 30th

- ***Breakfast***
- ***Morning Workshop at 10:00am to 11:30am***
- ***Lunch and free time***
- ***Afternoon Workshop at 1:30pm to 3:00pm***
- ***Free time***
- ***Dinner at 6:00pm***
- ***Free time. Hang out with friends, head to the pool, check out the band at Dave's Clubhouse.***

Sunday May 1st

- ***Breakfast***
- ***Whole Group Surprise Session***
- ***Lunch***
- ***Departure***

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REGISTRATION FORM

Due by April 1, 2016

Fax to the GEETF Office at 519-753-1970 or email to registrations@geetf.ca

Name: _____

School: _____

Email: _____

Roommate Request: _____

School: _____

Dietary Requirements: _____

Please choose your favourite activity from the following choices:

Saturday Morning:

- Yoga
- Meditation
- Golf*
- Spa*, Self Guided Hike

* At an additional cost and booked by calling resort directly

Saturday Afternoon:

- Dance
- Bring Your Own Craft
- Golf*
- Spa*, Self Guided Hike

* At an additional cost and booked by calling resort directly

**** Please forward a cheque payable to GEETF in the amount of \$150 in the courier or through regular mail to secure your space. (49 Dalkeith Dr., Units 1&2, Brantford, ON N3P 1M1). Registration is limited and open to women members of GEETF.**